

Applications are being accepted until Friday, July 2, 2004, for the position of Police Officer with the City of Covington, Kentucky. Minimum requirements for employment include the following: Minimum age 21; must have attained a minimum of 30 college credit hours or 24 months of continuous active duty in regular military service with an honorable discharge or 5 years continuous employment as a municipal, county or state police officer; must have a valid driver's license; must be able to read, write and understand the English language; further requirements included in job information packet. Lateral entry to grade 2 or 3 police officer permitted for qualified candidates.

Application packets may be obtained from the Human Resources Office, 638 Madison Avenue, Room 430, Covington, Kentucky, between the hours of 8:30 a.m. and 4:30 p.m., Monday-Friday or on our website: www.covingtonky.com.

Completed applications MUST BE RECEIVED in the HUMAN RESOURCES OFFICE no later than 4:30 p.m., Friday, July 2, 2004, in order to gain entry to the test site. Applications received in the Personnel Office after 4:30 p.m., July 2, 2004, will not be accepted.

Test Date/Site: Saturday, July 10, 2004, 10:00 a.m.

The Point Pavilion 620 Scott Boulevard

Covington, Kentucky 41011

Individuals needing ADA or other accommodation at the test site must self-identify to the Personnel Office by 4:30 p.m., Friday, July 2, 2004. The City of Covington fully and actively supports equal opportunity employment for qualified applicants regardless of race, religion, color, sex, age, national origin or disability.

PLEASE RETAIN THIS SHEET FOR TESTING INFORMATION. YOU WILL NOT RECEIVE ANY ADDITIONAL NOTIFICATION.

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POLICE DEPARTMENT APPLICATION FOR EMPLOYMENT CITY OF COVINGTON, KENTUCKY

PLEASE PRINT CLEARLY when filling out this application and answer all questions as completely and accurately as possible.

PLEASE PRINT

DO NOT REMOVE ANY PAGES FROM THIS APPLICATION!!

NAME:	
STREET ADDRESS:	
CITY, STATE, ZIP CODE:	
TELEPHONE NUMBER:	
DATE:	

[DEADLINE FOR APPLICATION: MUST BE RECEIVED IN THE PERSONNEL OFFICE BY 4:30 P.M., FRIDAY, July 2, 2004, IN ORDER TO GAIN ENTRY AT THE TEST SITE. FAXED/E-MAIL COPIES ARE NOT ACCEPTED.]

The City of Covington, Kentucky, fully and actively supports equal opportunity employment for qualified candidates regardless of race, religion, color, sex, age, national origin, or disability.

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COVINGTON POLICE OFFICER JOB ESSENTIALS



INCLUDING, BUT NOT LIMITED TO:

- DRIVE AN AUTOMOBILE.
 PASS WEAPONS QUALIFICATIONS ANNUALLY, INCLUDING ACCURATE USE OF FIRE ARMS (SIDEARMS, SHOTGUNS), AND DISASSEMBLE, CLEAN AND REASSEMBLE WEAPONS.
- USE AND MAINTAIN OTHER ASSIGNED EQUIPMENT, INCLUDING PR-24 BATON,
 CONSISTENT WITH TRAINING PROVIDED BY THE CITY.
- MUST BE KENTUCKY LAW ENFORCEMENT COUNCIL CERTIFIED DURING PROBATIONARY PERIOD.
- □ ENFORCE LAWS, AND ORDINANCES; ISSUE CITATIONS.
- ORALLY INTERVIEW AND REASSURE COMPLAINANTS, VICTIMS, WITNESSES AND SUSPECTS INVOLVED IN CRIMES OR ACCIDENTS IN A RESPECTFUL MANNER.
- □ SERVE WARRANTS AND MAKE FORCIBLE ARRESTS.
- □ TESTIFY IN COURT.
- KEEP LEGIBLE RECORDS AND MAKE LEGIBLE REPORTS.
- □ CONTROL TRAFFIC AND SPECTATORS AT THE SCENE OF AN EMERGENCY OR CRIME OR LARGE GATHERINGS.
- RESPOND TO AND INVESTIGATE VEHICULAR ACCIDENTS.
- ASSIST IN RESCUE OPERATIONS AND IN RENDERING MEDICAL ASSISTANCE AT SCENE OF VEHICULAR ACCIDENTS AND OTHER EMERGENCIES, INCLUDING ADMINISTERING FIRST-AID.
- PURSUE SUSPECTS WHILE RUNNING AND SCALING OBSTACLES.
- □ PERFORM VEHICLE, MOTORCYCLE, BICYCLE AND/OR FOOT PATROL.
- □ ATTAINMENT OF 30 CREDIT HOURS AT AN ACCREDITED COLLEGE OR UNIVERSITY WITH AN AVERAGE GRADE OF "C" OR ABOVE OR 24 MONTHS OF CONTINUOUS ACTIVE DUTY IN REGULAR MILITARY SERVICE WITH AN HONORABLE DISCHARGE OR 5 YEARS CONTINUOUS EMPLOYMENT AS A MUNICIPAL, COUNTY OR STATE POLICE OFFICER.
- ABLE TO READ, WRITE AND UNDERSTAND THE ENGLISH LANGUAGE.
- □ HAVE THE SKILL AND ABILITY TO EVALUATE POTENTIALLY VOLATILE SITUATIONS AND TO DEAL EFFECTIVELY WITH PEOPLE.
- □ FOLLOW ORDERS AND DIRECTIVES.
- MAINTAIN FAMILIARITY WITH FEDERAL, STATE, AND LOCAL LAWS AND ORDINANCES AND POLICE DEPARTMENT RULES, REGULATIONS, ORDERS, POLICIES. AND PROCEDURES.
- MAINTAIN KNOWLEDGE OF GEOGRAPHIC AREAS OF THE CITY AND SURROUNDING AREAS.

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CITY OF COVINGTON, KENTUCKY

PERSONNEL OFFICE, 638 MADISON AVENUE, ROOM 430, COVINGTON, KENTUCKY 41011 APPLICATION FOR EMPLOYMENT

[PLEASE PRINT]

PERSONAL INFORMATION

			22,021,1111,		
Date _					
			Telephone number		
			[This is used fo		purposes only]
Please	list below your cu	irrent address and yo	our two other most rec	ent addresses:	
Current	street	city	state	zip	Since (Mo. / Yr.)
	street	city	state	zip	Since (Mo. / Yr.)
Are you	street u at least 18 years	city s old? yes r	state 10	zip	Since (Mo. / Yr.)
Are you	u authorized to wo	ork in the U.S.?	yes no		
adjudio	ation withheld for	any crime except mi	tered a plea of no con nor traffic violations? not necessarily const	yes	no
	YMENT DESIRED		Date You Can Start		lary sired
			ployee Ad uirer, Job Bank, etc		Other
Have y	ou worked here b	efore? yesı	no Where?	V	Vhen?
			city of Covington?		yes, name, relationship
			Can you perform the e yes no [Do Not		
			for the position you ar n This Job Description		ted in the job
What h	ours are you avai	lable to work? 1 st Sh	nift 2 nd Shift	_ 3 rd ShiftC	Other/specify
What e	experience do you	have in the position	you are seeking?		

WE ARE AN EQUAL OPPORTUNITY EMPLOYER. IT IS OUR POLICY TO COMPLY WITH ALL APPLICABLE STATE AND FEDERAL LAWS PROHIBITING DISCRIMINATION IN EMPLOYMENT BASED ON RACE, AGE, COLOR, SEX, RELIGION, NATIONAL ORIGIN, DISABILITY OR OTHER PROTECTED CLASSIFICATION.

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MILITARY E	XPERIENCI						
Are you a Vo	eteran?	_yesno					
Branch of Service:			Dates:	Dates:			
Rank and Ty	ype of Serv	/ice:					
			· · · · · · · · · · · · · · · · · · ·				
Rank and Ty	ype of Serv	/ice:					
Training/Exp	perience R	eceived:					
EDUCATION							
High School							
Undergradu	Name ato		Location		Areas of Study		Diploma
College	aic						
eeege	Name		Location		Major	Degree	
Graduate							
College	Mana		1 4:		N.4 - i	D	
Trade, Busir	Name ness or		Location		Major	Degree	
Other School							
	Name		Location		Areas of Study	Degree/C	ertificate/Diploma
PRESENT EN	tact your p		yer? yes	_			
					Telephone Number _		
					osition		
Duties			Reason f	for leaving: _			
LIST NEXT N	MOST RECE	NT EMPLOYE	RS				
Name & Addres	ss						
Supervisor's Na					Telephone Number _		
		to			osition		
					Talanhan N I		
			// Salany		Telephone Number _ Position		
		10			OSITION		

WE ARE AN EQUAL OPPORTUNITY EMPLOYER. IT IS OUR POLICY TO COMPLY WITH ALL APPLICABLE STATE AND FEDERAL LAWS PROHIBITING DISCRIMINATION IN EMPLOYMENT BASED ON RACE, AGE, COLOR, SEX, RELIGION, NATIONAL ORIGIN, DISABILITY OR OTHER PROTECTED CLASSIFICATION.

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WORK HISTORY -continued Name & Address _____ _____ Telephone Number _____ Supervisor's Name _____ Employed from _____ to ______// Salary _____// Position _____ _____ Reason for leaving: _____ Duties Name & Address ___ Telephone Number _____ Supervisor's Name _____ Employed from ______ to _____ to _____ // Position ______ Reason for leaving: _____ **JOB-RELATED SKILLS** Do you have a valid driver's license? ____ yes ____ no __ If **YES**, driver license number & state: Do you have a CDL License? ____yes ____no If yes, what Class? _____ Please list any special skills you may have that relate to the position applied for: Please list any professional licenses, designations, certifications, etc. that may relate to the position applied for, including date granted, name of organization, and any other relevant information. **REFERENCES** List 3 persons not related to you who have known you for at least 1 year. Address Address

WE ARE AN EQUAL OPPORTUNITY EMPLOYER. IT IS OUR POLICY TO COMPLY WITH ALL APPLICABLE STATE AND FEDERAL LAWS PROHIBITING

DISCRIMINATION IN EMPLOYMENT BASED ON RACE, AGE, COLOR, SEX, RELIGION, NATIONAL ORIGIN, DISABILITY OR OTHER PROTECTED CLASSIFICATION

Address Name Address
Profession ______ Years Acquainted _____ Telephone No. ______

Auuress
_____ Years Acquainted _____ Telephone No. ____

Name

Profession

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APPLICANT'S CERTIFICATION

		nitials by each one to indicate that you this application form at the bottom.
accompanying resume, and re	lease from all liability any perso	s contained in this application and its ons or employers supplying such ability which might result from making the
I certify that the best of my knowledge. I un	nderstand that any falsification, ay result in denial of employme	rth in this application is true and complete to misrepresentation or omission of facts on nt or immediate termination of employment,
I agree, that policies of the City and I under conditions as deemed necessarelationship at any time and for	if I am offered and accept a postand that the City reserves the ary. I also understand that if hir any or no reason.	sition, to conform to all existing and future right to change wages, hours and working ed, either party can end the employment
	nt, valid proof of identity and eli	ontingent upon my providing, within three gibility to work in order to comply with the
	employment, I certify that I unde	ication/resume and the above statements. erstand all parts of it and have answered all
Dated this	day of	, 20
PLEA	SE ATTACH YOUR RESUM	IE. THANK YOU.
_	Signature	
	[Print Name]	

WE ARE AN EQUAL OPPORTUNITY EMPLOYER. IT IS OUR POLICY TO COMPLY WITH ALL APPLICABLE STATE AND FEDERAL LAWS PROHIBITING DISCRIMINATION IN EMPLOYMENT BASED ON RACE, AGE, COLOR, SEX, RELIGION, NATIONAL ORIGIN, DISABILITY OR OTHER PROTECTED CLASSIFICATION.

EMPLOYMENT APPLICATION SUPPLEMENT POLICE DEPARTMENT – CITY OF COVINGTON, KENTUCKY

DEPART	MENT/AGENCY (PO	PLOYED BY ANY CIT DLICE, FIRE, ETC.)? lates, and positions):			LIVL ONI LITI
		OTHER NAME OR ALIA), Alias(es), and time p			
OFFIC	ER POSITION WIT	BE PLACED UPON TH THE CITY OF C GREE THAT MY EI	OVINGTON	, KENTUCKY	, I ACKNOWLEDGE,
		THE FOLLOWING A IE CITY OF COVING AGE	_	_	
	DEPARTMENT, INCL	ECURITY INVESTIGAT LUDING FINGERPRIN	TS;		
3. A		T ADMINISTERED BY /PSYCHIATRIC EVAL r			
4. <i>F</i>	A PHYSICAL EXAMII ESSENTIAL JOB FU	NATION, THE REQUIP NCTIONS CONTAINE	D IN THE JOI	B INFORMATIO	N PACKET,
5. A	A PHYSICAL FITNES	TEST, AS ADMINISTE SS TEST, THE REQUII HE CITY'S QUALIFYIN	REMENTS O		
DATED	THIS	DAY OF			, 200
APPLIC	ANT'S SIGNATUI	RE:			
PLEASI	E PRINT YOUR NA	AME:			
CERT	TIFIED COPY OF	H SCHOOL DIPLON YOUR BIRTH CERT	IFICATE, A	COPY OF YO	
		D A COPY OF FORI T BE PROVIDED IF			FROM SERVICE), IF R THE OFFER OF

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EMPLOYMENT IS MADE.

CONSENT, WAIVER AND AGREEMENT:

i, THE UNDI	ERSIGNED,	
DO HEREBY AND H	IEREIN, FREELY, VOL	[PLEASE PRINT] .UNTARILY, AND OF MY OWN VOLITION,
CONSENT AND AG	REE TO THE HEREIN	MENTIONED TESTS/EVALUATIONS AND
HEREBY GIVE WA	IVER, RELEASE AND A	AUTHORIZATION TO THE CITY OF
COVINGTON, KEN	TUCKY, AND/OR ITS #	AUTHORIZED AGENTS, TO UTILIZE ANY A
ALL INFORMATION	N OBTAINED OF WHAT	SOEVER NATURE AND DESCRIPTION BY
VIRTUE OF THE BA	ACKGROUND SECURI	TY INVESTIGATION, INCLUDING
FINGERPRINTS, P	OLYGRAPH TEST, PH	YSICAL EXAMINATION, AGILITY TEST,
PSYCHOLOGICAL/	PSYCHIATRIC EVALU	ATION, AND DRUG TEST, IN DETERMINING
MY CAPABILITY T	O BE A POLICE OFFIC	ER FOR THE CITY OF COVINGTON.
DATED THIS	DAY OF	, 2004.
	APPLICANT S	IGNATURE
	PLEASE PRIN	T NAME
WITNESSES:		
SIGNATURE	SIGNA	TURE
[print name]		uame]

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AUTHORIZATION TO RELEASE INFORMATION

I AM BEING CONSIDE	RED FOR EMPLOYMENT WITH THE CITY OF COVINGTON,
KENTUCKY. I HEREBY AUT	HORIZE RELEASE OR VERIFICATION OF INFORMATION
TO A REPRESENTATIVE OF	THE CITY OF COVINGTON FROM MY EMPLOYERS
(INCLUDING / EXCLU	DING PRESENT EMPLOYER) AND FROM
EDUCATIONAL INSTITUTION	NS FOR THE CITY'S USE IN DETERMINING MY
QUALIFICATIONS FOR EMP	LOYMENT.
THIS RELEASE APPLI	ES TO WORKER INFORMATION RELATED TO SALARY
HISTORY, EMPLOYMENT DA	ATES, POSITION HELD, DUTIES AND RESPONSIBILITIES,
REASONS FOR LEAVING, AN	ND ELIGIBILITY FOR REHIRE; AND TO EDUCATIONAL
INFORMATION COVERING Y	EARS OF ATTENDANCE, DEGREE(S) OBTAINED, AND
TRANSCRIPT.	
I FURTHER RELEASE	ALL PARTIES FROM ALL LIABILITY FOR ANY DAMAGE
THAT MAY RESULT FROM F	URNISHING THE ABOVE INFORMATION. THIS RELEASE
APPLIES TO PHOTOCOPIES	OF THIS AUTHORIZATION TO RELEASE INFORMATION.
Ā	PPLICANT SIGNATURE
Ā	PPLICANT NAME (PLEASE PRINT)
_	
S	OCIAL SECURITY NUMBER
THIS AUTHORIZATION TO F	RELEASE INFORMATION EXPIRES DECEMBER 31, 2005.
_ P	LEASE INITIAL

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EXCERPT FROM CITY OF COVINGTON CODE OF ORDINANCES, 1984 EDITION, AS AMENDED:

CHAPTER 33 POLICE AND FIRE DEPARTMENTS

33.06 REPAYMENT OF TRAINING COSTS.

ALL POLICE AND FIRE DEPARTMENT APPOINTEES, AS A CONDITION OF THEIR APPOINTMENT, MUST AGREE TO REIMBURSE THE CITY FOR THEIR TRAINING EXPENSES IF THEY LEAVE THE CITY WITHIN THREE YEARS AFTER THEIR APPOINTMENT DATE, AND BECOME EMPLOYED BY ANOTHER GOVERNMENTAL UNIT OR ENTITY AS A MEMBER OF THE SAME SERVICE FOR WHICH THEY WERE TRAINED BY THE CITY ACCORDING TO THE FOLLOWING SCHEDULE:

- (A) IF [THE EMPLOYEE] REMAINS
 WITH THE CITY FOR MORE THAN THREE YEARS
 AFTER THE DATE OF EMPLOYMENT, THERE
 SHALL BE NO OBLIGATION OF REPAYMENT:
- (B) IF [THE EMPLOYEE] LEAVES THE CITY AFTER THE SECOND ANNIVERSARY DATE OF [HIS/HER] SECOND YEAR, BUT PRIOR TO THE THIRD YEAR, [THE EMPLOYEE] SHALL REIMBURSE THE CITY \$1,500;
- (C) IF [THE EMPLOYEE] LEAVES THE CITY AFTER THE FIRST ANNIVERSARY DATE BUT PRIOR TO HIS/HER SECOND YEAR, [THE EMPLOYEE] SHALL REIMBURSE THE CITY \$3,000;
- (D) IF [THE EMPLOYEE] LEAVES THE CITY PRIOR TO HIS/HER FIRST ANNIVERSARY DATE, [THE EMPLOYEE] SHALL REIMBURSE THE CITY \$4,500.

(ORDINANCE 0-22-86, PASSED 4-15-86)

I CERTIFY THAT I HAVE READ THIS COPY OF CHAPTER 33.06 OF THE COVINGTON CODE AS PART OF THIS APPLICATION PROCESS AND ACKNOWLEDGE THAT IF I AM EMPLOYED BY THE CITY OF COVINGTON, I WILL BE SUBJECT TO THE PROVISIONS OF CHAPTER 33.06.

APPLICANT SIGNATURE	
DATE	

JOB INFORMATION PACKET COVINGTON, KENTUCKY POLICE DEPARTMENT

(PLEASE RETURN THESE PAGES WITH YOUR APPLICATION)
Revised 05/04

POSITION: Police Officer

City of Covington

I. REQUIREMENTS/QUALIFICATIONS

Residency: No

<u>Citizenship:</u> Must be a citizen of the United States

Education: Must have completed at least 30 credit hours at an accredited college or university with an average grade of "C" or above or 24 months of continuous active duty in regular military service with an honorable discharge or 5 years continuous employment as a municipal, county or state police officer. Able to read, write and understand the English language.

<u>Character:</u> No person shall be appointed a member of the Police Department unless s/he is a person of sobriety and integrity and is and has been an orderly, law-abiding citizen.

<u>Medical:</u> Candidates must pass a comprehensive medical assessment in addition to a drug screen.

Age: Not less than 21 years of age.

<u>Lateral Entry:</u> (1) Must be a Kentucky Law Enforcement Council Certified, or be able to obtain KLEC Certification and (2) currently employed full-time as a municipal, county, or state law enforcement officer or have recently been employed prior to application as a municipal, county or state law enforcement officer and (3) a minimum of two years experience can equate to probationary grade II, a minimum of five years experience can equate to probationary grade III, and (4) must be on the eligibility list for hire.

<u>Additional Tests:</u> Candidate must successfully complete the agility, psychological, polygraph, and background examinations, including fingerprints.

Driver's License: Must have a valid driver's license.

<u>Certification:</u> Successfully complete basic training course required for Kentucky Law Enforcement Council Certification.

Kentucky Law Enforcement Foundation Program Fund (KLEFPF) Training:

The Kentucky Law Enforcement Foundation Program Fund (KLEFPF) pays an annual incentive to police officers who graduate from the police academy. All officers are also required to attend and successfully complete 40 hours of approved in-service training per year to maintain the incentive. The Department also requires additional annual training in firearms and various other areas to maintain operational proficiency.

Upon employment, a police officer is considered a patrol person grade I until s/he has successfully completed his/her basic training assignment at the police academy, and the one year probationary period. During the on-the-job training with the Departmental Field Training Officer (FTO), the trainee will be evaluated continually, until recommended for advancement to patrol person grade II. The probationary period spans the time from the first day of employment until he individual becomes a fully-qualified patrol person grade II, but in no event less than one year.

General Statement of Duties: Police officers are responsible for the protection of life and property, the prevention of crimes and the preservation of peace and order within an assigned sector (geographical area). The police officer must patrol his/her sector while enforcing laws, ordinances and regulations; arresting violators; investigating accidents and complaints; securing evidence and performing any other duties as required.

Essential Job Functions/Skills include:

- Drive an automobile.
- Pass weapons qualifications annually, including accurate use of firearms (sidearms, shotguns), and disassemble, clean and reassemble weapons.
- Use and maintain other assigned equipment, including PR-24 baton, consistent with training provided by the City.
- Must be Kentucky Law Enforcement Council Certified during probationary period.
- Enforce laws and ordinances; issue citations.
- Orally interview and reassure complainants, victims, witnesses and suspects involved in crimes or accidents in a respectful manner.
- Serve warrants and make forcible arrests.
- Testify in court.
- Keep legible records and make legible reports.
- Control traffic and spectators at the scene of an emergency or crime or large gatherings.
- Respond to and investigate vehicular accidents.
- Assist in rescue operations and in rendering medical assistance at the scene of vehicular accidents and other emergencies, including administering first-aid.
- Pursue suspects while running and scaling obstacles.
- Perform vehicle, motorcycle, bicycle and/or foot patrol.

- Attainment of 30 credit hours at an accredited college or university with an average grade of "C" or above or 24 months of continuous active duty in regular military service with an honorable discharge or 5 years continuous employment as a municipal, county or state police officer.
- o Able to read, write and understand the English language.
- Have the skill and ability to evaluate potentially volatile situations and to deal effectively with people.
- o Follow orders and directives.
- Maintain familiarity with federal, state, and local laws and ordinances and Police Department rules, regulations, orders, policies and procedures.
- Maintain knowledge of geographic areas of the City and surrounding areas.

II. Application Process

You must Return all pages of the application packet, releases, and information packet to complete the application process.

All applications must be returned to the Covington Human Resources Office, 638 Madison Avenue, Room 430, Covington, Kentucky 41011, by the announced deadline date. Applications submitted to the Human Resources Office after the deadline date will not be accepted. No one will be permitted to take the entrance exam if the above requirement is not met.

You may keep the Job Posting page which contains the test site/date information. If you would like a copy of the job application packet, please make a copy for yourself, but be sure to return pages 2-17 of this document.

The Covington Board of Examiners for Police and Fire conducts a written examination in combination with oral interviews to establish an eligibility list.

The hiring process for filling vacancies in the police department begins with the selection of a candidate in ranking order from the eligibility list in effect at the time of the opening. The eligibility list is valid for two (2) years or until exhausted whichever occurs first. The candidate will be contacted at this time. It is imperative that the candidate keep his/her address and telephone number updated with the Human Resources office.

III. Physical Agility and Fitness Assessment

This assessment consists of a series of tests to measure a candidate's strength, stamina, and physical ability in performing various police-related activities. The candidate must have the attached doctor's release signed prior to attempting this endurance test. There will be no grades or points assigned for completion of the individual tests. Each test is either pass or fail and the candidate is required to successfully complete and pass all tests to pass this phase of the process. Note that some tests require completion within a time limit.

It is recommended that the candidate wear suitable clothing with appropriate footwear for running. It is advisable to practice and prepare for these assessments.

WHAT IS PHYSICAL FITNESS?

Physical fitness is having the physical readiness to perform the strenuous and critical physical tasks of the job. The physical fitness areas that have been determined to the underlying factors for your capabilities to do the job consist of six (6) specific and different areas.

- 1. Aerobic power or cardiovascular endurance. This is having an efficient heart and cardiovascular system so that you can perform physical tasks over a sustained period of time. It is an important area for performing job tasks such as making foot pursuits and long term use of force situations.
- 2. Anaerobic power. This is having the ability to make short intense bursts of effort. This is an important area for performing job tasks such as short sprint pursuit situations.
- 3. *Upper body absolute strength*. This is having the upper body strength to make maximal efforts against a resistance. This is important for performing physical tasks that require lifting, carrying and pushing.
- 4. *Upper body muscular endurance*. This is having the capability to make repeated muscular contractions with the upper body without getting fatigued. This is important for many uses of forced job tasks.
- 5. Trunk or abdominal muscular endurance. This is having the capability to make repeated muscular contractions with the abdominal area without getting fatigued. Your abdomen is the fulcrum of your body and is important in many tasks involving lifting, pulling and dragging.
- 6. Leg explosive strength or power. This is having the capability to jump with power. This is important for performing many tasks such as jumping over obstacles and running up and down stairs in pursuit situations.

WHY IS PHYSICAL FITNESS IMPORTANT?

First, physical fitness is important because the five (5) physical fitness test areas determine an individual's capability to do strenuous job tasks. Physical fitness is a bona fide occupational qualification (BFOQ).

Secondly, physical fitness is important to minimize health risks for health problems such as heart disease, stroke and obesity – all of which can affect job performance capabilities.

The following precautions should be adhered to:

The candidate should not take a fitness test prior to beginning an exercise program. The candidate must have a medical approval before taking the fitness test. If the above is complied with, yet the candidate experiences extreme fatigue, shortness of breath, light-headedness, or nausea during the physical fitness test, the test will be stopped immediately.

HOW WILL PHYSICAL FITNESS BE MEASURED?

There are five (5) physical fitness tests that will be given in one day as a battery of tests:

- 1. One Repetition Maximum (RM) Bench Press. This measures the absolute strength of the upper body. The test consists of lying on a bench and pushing up one time the equivalent of 64% of his/her body weight.
- 2. One Minute Sit-Up Test. This measures the abdominal or trunk muscular endurance. While lying on the ground, you will be required to perform 18 bent knee sit-ups in one (1) minute.
- 4. 300 Meter Run. This measures anaerobic power or the ability to make an intense burst of effort for a short time period or distance. The test consists of sprinting 300 meters in 65 seconds or less.
- 5. *Maximum Push-Up Test*. This measures the muscular endurance of the upper body. The test consists of doing 20 consecutive push-ups from a horizontal position.
- 5. 1.5 Mile Run. This measures aerobic power or cardiovascular endurance (the ability to have stamina over time). The test consists of running/walking the distance of 1.5 miles in 17:12 or less.

IV. POLICE CANDIDATE ASSESSMENT PROCESS.

The first step in this assessment process is that all candidates shall complete a personal history questionnaire as a supplement to the original application. The background investigation process will not start until the questionnaire in its entirety is completed by the candidate and returned within the time required.

Each phase of this segment of the evaluation process is PASS/FAIL.

Background Investigation and Polygraph Evaluation:

Following completion of the personal history questionnaire, all candidates will be scheduled for a comprehensive background investigation including, but not limited to, a polygraph test, fingerprinting, and in-home interview. Investigators will also check

personal references, criminal history, employment records, and other background information for which releases are required. Investigations shall be conducted by investigators in accordance with the standards set forth herein.

Candidates will be evaluated based on the information gathered from the background investigation. This information will be held in strict confidence and will not be released. This information will be used exclusively to aid in the selection of police officer appointments.

Psychological Assessment:

The purpose of a psychological assessment is to determine whether the candidate has the personality characteristics necessary to become a good police officer.

Medical Assessment:

This comprehensive medical assessment, including a drug test, will be performed by the City's qualifying physician to determine capability to perform the essential job functions as determined by the City.

RACE AND NATIONAL ORIGIN IDENTIFICATION

(Please read Statement and Instructions before completing form.)

STATEMENT:

You are requested to VOLUNTARILY furnish this information to help ensure that the City of Covington's employment practices are free from discrimination. This information will be used in planning and monitoring equal employment opportunity programs.

Again, be advised that providing this information is VOLUNTARY—failure to provide same will have no effect on your capability to become employed. However, if the information is not provided, this agency will attempt to identify your race and national origin by visual perception.

Male () Name Female ()	SS Number	Birthdate (Mo./Year)
Position Police Officer 2004		

SPECIFIC INSTRUCTIONS:

The categories below are designed to identify your basic racial and national origin category. If you are of mixed racial and/or national origin, identify yourself by the category with which you most clearly identify. Place a check mark next to the appropriate category. MARK ONLY ONE CATEGORY!

NAME OF CATEGORY	DEFINITION OF CATEGORY
A American Indian or Alaskan Native	A person having origins in any of the original peoples of North America and who maintains cultural identification through community recognition or tribal affiliation.
B Asian or Pacific Islander	A person having origins in any of the original peoples of the Far East, Southeast Asia, the Indian subcontinent or the Pacific Islands. This area includes, for example, China, India, Japan, Korea, the Philippine Islands, and Samoa.
C Black, not of Hispanic origin	A person having origins in any of the black racial groups of Africa. Does not include persons of Mexican, Puerto Rican, Cuban, Central or South American or other Spanish cultures or origins (see Hispanic).
D Hispanic	A person of Mexican, Puerto Rican, Cuban, Central or South American or other origins. Does not include persons of Portuguese culture or origin.
E White, not of Hispanic origin	A person having origins in any of the original peoples of Europe, North Africa, or the Middle East. Does not include persons of Mexican, Puerto Rican, Cuban, Central or South American or other Spanish cultures or origins (see Hispanic). Also includes persons not included in other categories.